



# Become a Dementia Friend

Join us for this free interactive Information Session to learn how dementia affects a person and what you can do to make a difference. Become a Dementia Friend and join more than 2 million others taking action. From being more patient in a shop queue to campaigning for change, every action counts.

Anyone of any age can become a Dementia Friend.

DATE **21st May**  
START TIME **14.00**  
DURATION **45 minutes**

#### VENUE

**Room 2S2.4.18  
School of Health & Social Care  
University of Essex**

**This venue is wheelchair accessible.**

NAME **Mary Kennedy**

#### CONTACT DETAILS

**mrkenn@essex.ac.uk**

 [dementiafriends.org.uk](http://dementiafriends.org.uk)

 [@DementiaFriends](https://twitter.com/DementiaFriends)

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